

Parent to Parent Training Opportunity

Have you ever considered being a Trained Supporting Parent for another parent who has a child with a disability? Have you ever said to yourself "I don't ever want another parent to go through what I've been through!"

Parent to Parent of New Hampshire provides Supporting Parent Training to give you the opportunity to support other parents facing many of the same things you have already experienced raising a child with a disability. Supporting Parent Training provides parents with (1) enhanced supporting skills - building on their innate and recognized skills in listening, communication, accessing, and expanding community resources, (2) in-depth education about Parent to Parent--its history and philosophy, and (3) the nitty-gritty of the actual parent matching process.

Please consider becoming a Trained Supporting Parent! It is a wonderful opportunity to touch the lives of other parents needing support--as there is nothing that can substitute for the listening ear of a parent "who has been there!"

Simply fill out the registration form below and return it to:

Parent to Parent of NH
12 Flynn St., Lebanon NH 03766
Call: 1-800-698-5465
Email: P2PNH@valley.net

**Parent to Parent of New Hampshire
Supporting Parent Training**

Saturday, March 14, 2009

9:00 a.m. - 3:30 p.m. at the Lakes Region Community Services

Main Offices - 67 Communication Dr. Laconia NH

(directions included with confirmation)

Registration

Name _____

Address _____ Town _____ Zip _____

Phone (h) _____ (w) _____ (c) _____

E-mail _____

Child's name _____ Age _____

Special need(s) _____

Are you interested in carpooling? Yes _____ No _____

What would you most like to get out of this training? _____

Please bring a picture of your child(ren)!

SUPPORTING PARENT TRAINING

SATURDAY, March 14, 2009

At Lakes Region Community Services
67 Communications Dr.
Laconia NH

(Directions on back)

- 8:40- 9:00 Coffee and registration
- 9:00 Introductions - Sharing of our stories and Picture(s) of your child
- 10:00 What is Parent to Parent Support?
- 10:30 Communication Skills/Active Listening
- 12:00 Lunch (sandwiches, soda, dessert)
informal relationship building
- 12:45 Special Activity
- 1:00 Family-Centered Support – a video
- 2:15 The P2P Process – details of the matching process
- 3:00 Evaluation

Bring a picture of your child(ren)!

**Directions to Lakes Regions Community Services LRCSC
Main Office - 67 Communications Dr. - Laconia**

From Laconia (and places south, southeast, southwest)

From downtown Laconia, go north on Main St. which is also NH Rt. 106. The road becomes Parade Road (going toward Meredith) – go about 2 miles just to edge of town – and top of hill. Turn left at the Laconia Correctional Facility (signs are clear). Take first left turn (about 200 yards) and toward the two newer/one story buildings on left. The LRCS office is in the far building, the one of the right. Look for signs to the office.

From Meredith (and points north)

Take Rt. 106 south to Laconia. Just before Laconia, look for signs for the Laconia Correctional Facility – on the right. Turn in to the facility and follow the directions as above to the LRCS building.

From Bristol (and points from northwest, or down I-93)

Take Rt. 104 from and beyond I-93 east toward Meredith. About 2-3 miles take Meredith Center Rd. (look closely for sign). Follow this road thru Meredith Center and for another couple of miles until it Ts at light on Parade Rd/Rt. 106. Turn right and turn right at first drive into the Facility, and follow directions as above.